

## **TUESDAY OCTOBER 5TH**

AM

Doors open at 9am for coffee and juice. Morning activities start at 10am. Coffee and biscuits available all day at *Oasis at No. 10* 

#### **PHOTOGRAPHY SKILLS**

with Jack Boog

room 8

Jack will share some tips about how to improve your photos with some rules for composition, and will give a demonstration of the power of Photoshop Elements to create some amazing effects.

#### ASTRONOMY



See how ancient cultures viewed the heavens and then sample some of the modern software available to run on your laptop or phone.

#### **AUSSIES IN HISTORY**

with David Wald

David's class examines the life and times of individuals, groups, organisations or places in Australian history. For this presentation he will take you on an entertaining virtual tour of the West Terrace Cemetery. Wide ranging, entertaining and full of surprises. A range of resources are used.

room 5

room 6

#### **BRIDGE COMPETITION**

.....

with Ross Frick

Let's see who are the U3ASA Contract Bridge Champions. Put up your best team. Dr Milton Hart will provide some interesting lessons. If there are enough numbers the contest can carry on in the afternoon session.

#### **GOLDEN GROVE NURSERY**



A guided tour by one of their nurserymen. And an insight into some of the new release plants that are available.

Meet at the nursery at 10.15am. Map available on our website.

#### From 12 noon:

In the marquee carpark *(via Oasis at no. 10)* a light lunch of sandwiches and soft drink included in the registration U3ASA quarterly delegates meeting in room 6

#### **GAMES ROOM**

With the help of **U3A Campbelltown** our closest U3A neighbour, room 7 games room will be open all day with board games and cards available.





## **TUESDAY OCTOBER 5TH**

#### Afternoon activities start at 2pm

#### **CLIMATE CHANGE & US**

with Dr David Davis, Dr Ruth Davis and Wassim Saman room 3

Guest presenter will be Monica Oliphant, a past Senior South Australian of the Year and past President of the International Solar Energy Society. We will discuss some of the advances in renewable energy made in South Australia in recent years and some of the problems.



room 5

#### LOCAL HISTORY

with Dr Jeff Nicholas

Dr Jeff Nicholas pays tribute to the men and women named in Adelaide's streets. He mines their "biographical archaeology" to reveal each respective story.

#### SING WITH THE STARS - 1

with Linda Neale

Whether you have a great voice or not, come along and have fun singing or just listening to your favourite artists with lyrics and video on the big screen. A trip



room 2

down memory lane of the 60s, 70s and 80s.

#### **TECHNOLOGY TODAY**

with Tom Mittiga room 4

Catch up on the latest developments in the technology world and how these might have an effect how we live. Subjects could include: digital currencies; hydrogen economy; vaccine development. Whatever technology is making news at the time.

#### DANCING

with Nelson Cartney

Come and have some fun and get

room 8

some exercise as well. Learn some simple steps in a fusion of line, folk and square dancing.

#### **BRIDGE COMPETITION**

with Ross Frick room 6 Afternoon session available if numbers are enough.

### **ANSTEY HILL WALK - 1**

led by Sam Miskelly



Sam has walked Anstey Hill many times over the last 50 years! This will be a moderate walk for about an hour with some gradient. Views are worth it! Meet at the carpark at 2.15pm. Map will be available on our website.

#### **GAMES ROOM**

With the help of U3A Campbelltown our closest U3A neighbour, room 7 games room will be open all day with board games and cards available.







# WEDNESDAY OCTOBER 6TH AM

Doors open at 9am for coffee and juice. Morning activities start at 10am. Coffee and biscuits available all day at *Oasis at No. 10* 

#### **CREATIVE PHOTOGRAPHY**

room 2

with Doug McAlpine

Doug will show some examples of how to repair your old photos, change photos from colour to black & white, make your own greeting cards, with some amusing results.

#### WOMEN ARTISTS & MORE



Where are the women artists in history? They were there and some were successful. Come and listen to the stories of their lives, view there works and learn more about their

#### **MUSCLES IN MOTION - 1**

with Linda Neale

room 8

Come and get fit, lose some calories, have fun and release those feel good endorphins. Stretching, dancing, walking, balance, light weights, standing yoga/pilates. Exercising at your own pace.

#### LAUGHTER MATTERS

with Cheryl Priest

room 4

It's true: laughter is strong medicine. It draws people together in ways that trigger healthy physical and emotional changes in the body. Laughter strengthens your immune system, mood, diminishes pain, and protects you from the damaging effects of stress.

#### **MFS PRESENTATION**

room 5

A multimedia presentation by a member of the Metropolitan Fire Service dealing with fire safety in your kitchen and around the home.

#### **GUN EMPLACE WALK**

led by Cynthia Pyle

An interesting walk up a medium incline to what is called the Gun Emplacement; a flat area with views over the eastern suburbs of Adelaide. A viewing of the adjacent quarry and discussion from our Geology tutor.

From 12 noon: In the marquee carpark a light lunch of sausage sizzle and soft drink included in the registration U3ASA Annual General Meeting

#### **GAMES ROOM**

With the help of **U3A Campbelltown** our closest U3A neighbour, room 7 games room will be open all day with board games and cards available.





## WEDNESDAY OCTOBER 6TH P

#### Afternoon activities start at 2pm

#### SING WITH THE STARS – 2

with Linda Neale

room 2

Whether you have a great voice or not, come along and have fun singing or just listening to your favourite artists with lyrics and video on the big screen. A different selection from Tuesday.

#### DANCING

with Nelson Cartney

Come and have some fun and get some exercise as well. Learn some simple steps in a fusion of line, folk and square dancing.

.....

#### WINE APPRECIATION

with Tom Mittiga room 5 Taste some of South Australia's most interesting wines, discuss them with Tom a past president of several wine clubs in Adelaide. A fee of \$10 is payable on registering for a wine and cheese afternoon!

.....

#### NBN PRESENTATION

with Rohan Watts

Watts room 5

How Australians are using the internet in 2021 and beyond; Scams Awareness and Internet Safety; Smart Devices, and using the "Internet

of Things" in your everyday life



#### UKULELE

with Cecillia Littlewood room 3

Bring along your ukulele for a group singalong. Simple chord patterns and a fun friendly get together.

.....

#### **TTG HERITAGE MUSEUM**

Take an interesting tour of a building that was opened in 1854 and has served as a hotel, post office, school room, community meeting room and

private residence over its life. Outdoor sheds and blacksmith will also be open. A fee of \$10 payable on registration covers entrance and afternoon tea. Meet at Museum at 2pm.



A 'Quiz Hour' will be held for those members who wish to stay on at U3A TTG before going to dinner

Evening dinner at "Dimples" from 6.30pm Restaurant of the Tea Tree Gully Golf Club Cost for three course dinner is \$30.00 payable at registration



#### GAMES ROOM

With the help of **U3A Campbelltown** our closest U3A neighbour, room 7 games room will be open all day with board games and cards available.



Bookings at trybooking.com/BRJLN open on July 1st and close on August 31st Daily enrolments available at \$20 per day For further information please email us at u3attgoffice@gmail.com



room 8





### **THURSDAY OCTOBER 7TH**

Doors open at 9am for coffee and juice. Morning activities start at 10am. Coffee and biscuits available all day at Oasis at No. 10

#### AGATHA CHRISTIE

Guest speaker David Kilner room 2

The world's favourite crime writer and her life—her upbringing, tragic first marriage, successful second marriage, her family, character and some of the tricks she used in her books



#### SHAKESPEARE REVISIT

with Josephine Williams room 5

Rediscover why his timeless themes of love, betrayal, corruption and the lesser human frailties still speak to us today. See how these plays are still as relevant today as they were 500 years ago.

#### **HISTORY OF TODAY**

with Len Wilkins

room 4

Len's class looks at the historical background to the issues of today. This morning will be a more light hearted look at cinema in the second half of the 20th century. Of interest to all cinema buffs he will look at the

influence of Cannes: Italian directors; political influence on Hollywood.



#### CARDMAKING

with Lorraine Watts

Get some ideas for making personalised greeting cards. Materials will be supplied.

12 noon: In the marquee carpark a light lunch of sandwiches and soft drink included in the registration

#### **GAMES ROOM**

With the help of U3A Campbelltown our closest U3A neighbour, room 7 games room will be open all day with board games and cards available.



#### **MUSCLES IN MOTION - 2**

room 8

with Linda Neale

A different program from Wednesday, but a similar variety of stretching, dancing, walking, balance, light weights, standing yoga/pilates. Exercising at your own pace.

### ANSTEY HILL WALK

led by Sam Miskelly



A gentle gradient walk to the ruins of the original Newman's Nursery, read some of the history of our earliest commercial nursery. An hour round trip walk.

.....

#### PETANQUE

with Tony Mittiga

Played on the oval next to our building. No prior experience needed, equipment provided.



Bookings at trybooking.com/BRJLN open on July 1st and close on August 31st Daily enrolments available at \$20 per day For further information please email us at u3attgoffice@gmail.com

room 3



## **THURSDAY OCTOBER 7TH**

#### Afternoon activities start at 2pm

room 8

#### MUSIC APPRECIATION

with John Eldridge room 2

Enjoy some popular classics with commentary from our resident group leader who has been involved with this music group for over 20 years. Have a little fun whilst increasing your musical knowledge.

#### TAI CHI & MEDITATION

with Keith Fitzgerald



Try out the gentle movements of this ancient Chinese combination of meditation and mind/body coordination. The slow graceful movements help you stretch, breathe and find balance. Practicing Tai Chi may help you calm physically and emotionally, reducing stress, anxiety and depression.

#### PHILOSOPHY

with Lesley Shears

room 4

room 5

A respectful discussion about ethical issues relevant to our stage in life and the era in which we live.

#### ..... GEOLOGICAL ACTIVITY

with Cynthia Pyle

We'll get the microscopes out and have an interesting and fun practical afternoon of discovery. We will look at various pollen and discuss how they can be used to date rocks We will also examine our library of fossils.

#### PETANQUE

with Tony Mittiga

Played on the oval next to our building. No prior experience needed, equipment provided.

#### **OPEN GARDEN**

with Gillian Bonney

Take a guided tour around Gillian's garden started from a vacant block in 1998. She has been involved in the Open Garden scheme over many years and has had interstate garden groups come to visit. Meet at her house at 2pm. Map available on website.

#### GAMES ROOM

With the help of U3A Campbelltown our closest U3A neighbour, room 7 games room will be open all day with board games and cards available.

