



U3A Adelaide Hills RENDEZVOUS '19

REGISTRATION FEE: Early Bird \$45 (29 July -9 Aug) \$60 (10 Aug—31 Aug)

PLEASE NOTE: Enrolments and fees can only be accepted electronically. We sincerely apologise for any inconvenience this may cause but, due to limited resources, electronic enrolments are our only option.

RECEPTION & INFORMATION DESK: Tuesday 10:00am-1:00pm Hahndorf Institute, 59 Main Rd

TUESDAY AFTERNOON PROGRAM

2:00pm—4:00pm

CODE

Activity outside Hahndorf

Activity in Hahndorf

UKULELE STRUM UP Hahndorf

Ever played the ukulele? Join us in an informal 'strum up' - music provided and transcriptions made easy so that most pieces only require elementary chord patterns. Bring your own ukulele, or borrow one from a grandchild!

GUIDED HAHNDORF HISTORY WALK easy 1km stroll

Walk the history of Hahndorf by stepping back into the time of the Prussian immigrants and the early colony of S.A. Meet Captain Hahn, learn about 'fachwerk' architecture and the amazing feats of the pioneer women and hear stories behind the streetscape—some quirky, all interesting! **\$20pp** must be paid on enrolment.

THE CEDARS, 5 min drive from Hahndorf

A guided tour of Hans Heyesen's beautiful home and studio with its private family collection on both Hans's paintings and those of his daughter, Nora—a pioneer among Australian women's artists. Tour includes afternoon tea and a stroll around the extensive gardens. **\$15pp** must be paid when enrolling.

MAH JONG MUSTER, Hahndorf

A great opportunity for U3A Mah Jong players to mix with other players and compare strategies and game hands. Tables will be available for new and advanced players but no beginners please as not enough time to learn from scratch (observers welcome). If you own a favourite Mah Jong set, please bring it along.

FAMILY HISTORY STORIES, Hahndorf

Research and presentation tips, tools and ideas, including some stories from the Adelaide Hills and surrounds.

LET'S WRITE! Hahndorf

Take up the challenge to write a short story to share with others in this small group. Stretch your imagination and hone those creative writing



ROCK ART & THE PERAMANGK, Hahndorf

Robin Coles, author of *The Ochre Warriors*, will provide a great insight into the Peramangk of the Mt Lofty ranges. His presentation will include the early history of the first rock art finds through to 2018, and the potential for new finds. Learn about the fascinating Peramangk culture, tools & food, ceremonies, travel & trade, legends & myths and burial practices.

WINE APPRECIATION Hahndorf


Relax in La Prova's lounge style cellar door while being guided through a leisurely flight of five Italian style wines. **\$10 pp** to be paid on enrolment.



6:00pm WELCOME DINNER - The Old Mill

Join us for *The Smorgasbord* in one of Hahndorf's beautiful venues - one which started its life as the area's first steam-powered grain mill in 1851. 98 Main St
(cost of meal included in registration fee)

THANK YOU TO OUR SUPPORTERS: U3A SA.. District Council of Mt. Barker, The Senior Newspaper & Rebekah Sharkie MP



WEDNESDAY MORNING PROGRAM 10:00 am—12:00 noon (except for Birding & Wine Appreciation)

BIRDING @ LARATINGA (8:00am start!) Mt Barker

Laratinga Wetlands were constructed in 1999 for the further filtration and treatment of waste water from the nearby water treatment plant. It is now a haven for water birds and the nearby trees provide nest sites for other birds. Join John Hatch, an expert in the field, on what will prove to be a fun and informative outing. Walker / wheel chair friendly walk. Meet at the main entrance, Bald Hills Road car park..

CIRCLE DANCING with LYN, Hahndorf

A relaxed and simplified form of folk dancing which gently stretches both the mind and body while listening to truly beautiful music from around the world. We learn each dance from scratch on the day and in no time the group falls into step and the dance circle moves as one—a wonderful experience for all involved. Please wear comfortable clothing and suitable shoes.

THE BLUES, Bridgewater

Blues music has been a major influence on most music genres (except classical) over the last century. Come along and enjoy music from some of the Blues Legends and our own Australian Blues musicians. This is not a live session.

12 minute drive from Hahndorf.

WINE APPRECIATION (11:00am start!) Hahndorf

Relax in Scott & La Prova's lounge style cellar door while enjoying a leisurely guide through a flight of five Italian style wines.

\$10 pp to be paid on enrolment.

THE CEDARS, Hahndorf

A guided tour of Hans Heysen's beautiful home and studio with its private family collection on both Hans's paintings and those of his daughter, Nora—a pioneer among Australian women's artists. Tour includes morning tea and a stroll around the extensive gardens.

\$15pp must be paid when enrolling.

5 min drive from central Hahndorf

THE ENTOMBED MINER, Hahndorf

In 1907 a sudden downpour of rain flooded a mine in Western Australia, trapping a miner in an air pocket on the no. 10 level. Ten days later he was brought to the surface, but how did his rescuers achieve this feat?

Hear Mark Randell retell the story embellished with his own experiences of working as an underground geologist.

LIONS HEARING DOGS, Verdun

Visit the Australian Hearing Dogs Centre, the only one of its kind in Australia, to watch a dog demonstration, tour the facility and hear about the program which delivers dogs free of charge to deaf and hard of hearing people nationwide. Afternoon tea included.

\$5:00 payable on the day. The Centre is a 3 minute drive from central Hahndorf.

ROBERT FARMLET & WOMEN'S TRAIL Hahndorf

A guided tour of Australia's oldest intact German Farm complex which was worked as a *hufe* (small farm holding) until the 1920s. The pioneer cottage, separate kitchen with corbelled bake-oven, pigsty, well and red gum barn were built over several years soon after 1839. The structures on this site tell a story of immigrants' efforts to build a new life in a foreign land using ancient traditions.

After a short break where you will have the opportunity to buy morning tea at nearby bakery, hear all about the Hahndorf Women's Trail - a unique historic trail that honors the German pioneer women who, during the 1840s to the late 1850s, regularly walked along the old Peramangk trails with their produce to sell in Adelaide. Learn more about its fascinating origins and the women who walked the trail, the story of its rediscovery and the internationally recognised trail today from three passionate local National Trust



WEDNESDAY AFTERNOON PROGRAM 2:00pm—4:00pm

ANTIKYTHERA MECHANISM, Hahndorf

In 1901 some sponge divers were sheltering from a storm in the Aegean Sea and decided to try their luck overboard. They discovered a Roman shipwreck laden with Grecian antiquaries, including a lump of corroded bronze—the Antikythera Mechanism. Now read on your favourite search engine OR come to this talk by Mark Randell who has found that the intricacies of the Mechanism have been adequately resolved and that human remains have been recovered from the shipwreck (latest news!)

TICKLE TANK, Mt Barker

Join Irene, (potter, sculptor, mosaic artist and gardener) on a tour of her delightfully unique home and garden. You will see just how she has been able to transform a sloping 450 sq metre horse paddock with a massive buried concrete water tank into a magical and quirky sanctuary. Includes a Devonshire tea.

\$12:00 pp must be paid with enrolment.

15 minute drive from Hahndorf.

MUSIC OF FABLE & FAIRY TALE, Hahndorf

Many delightful works in the classical repertoire are based on folk stories and fairy tales. Colin MacDonald (former ABC classical music presenter) will include excerpts from a number of well-known compositions including two of Tchaikovsky's ballets, Rimsky-Korsakov's 'Scheherazade', Grieg's 'Peer Gynt' and the 'Sorcerer's Apprentice' by Dukas. He will talk about the origins and significance of the tales which inspired the music. Did you know the incredible story behind 'The Flight of the Bumble Bee'?

STANGATE HOUSE & GARDEN TOUR, Aldgate

Enjoy a Devonshire tea while learning a little of the history of this beautiful house, followed by a tour of the house and gardens. The garden have over 500 camellia cultivars and has been recognized by the International Camellia Society as an *International Camellia Garden of Excellence*, only one of three in Australia. **\$10.00pp** to be paid with enrolment

CARDS, CARDS & MORE CARDS Hahndorf

Join this group of like-minded creative card-makers: copy or create your own personalised greeting and gift cards. Bring your tape, cutters and ruler—card, paper, punches, dies and ideas supplied!

GUIDED HAHNDORF WALK An easy 1km stroll

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\$5:00 payable on the day .

5 minute drive from Hahndorf.

WEDNESDAY RENDEZVOUS DINNER — 6:30 pm Hahndorf Bowls Club

Please join us for an evening of good food & conviviality. Three course multi-choice menu (including vegetarian), with bar proceeds to the Hahndorf Bowls Club.

Michael Keelan—a keen horticulturalist, traveler, lover of good food and wine .

Michael's media career has spanned the fields of TV, radio and print, and he currently writes for SA Life magazine, hosts travel groups and co-hosts *Out of the Blue*.

\$25 per person, must be paid with enrolment

Enrol early as numbers for this dinner are limited



Guest Speaker Michael Keelan



THURSDAY MORNING PROGRAM

10:00am—12:00 noon



MT LOFTY BOTANIC GARDEN WALK, Piccadilly

Enjoy a 90 minute guided walk of the beautiful Mt Lofty Botanic Gardens. Spring presents a sea of colour, including a particularly stunning display of Rhododendrons. Meet at the lower carpark, entrance off Lampert Road, bring water, hat and sunscreen and please wear sturdy shoes with non-slip soles. 20 minute drive from Hahndorf. **\$5:00 pp** payable on the day

COME TRY QIGONG, Hahndorf

Originating in the mountains of ancient China, Qigong means 'Cultivating Vital Energy'. Slow, gentle and deep movements liberate, strengthen and connect the body and the mind. Many people enjoy the relaxation Qigong brings — it gently releases tension and improves health. Suitable for absolute beginners or more experienced.

SOPHIE THOMSON'S GARDEN TOUR Mt Barker Springs

Take part in a guided tour by Sophie herself and enjoy a delicious morning tea with a focus on ingredients from her garden. Drive yourself to and from Sophie's Patch approximately 20 mins from Hahndorf (map supplied at Reception Desk on Tuesday morning)

\$25 pp must be paid when enrolling.

FINANCIAL MATTERS, Hahndorf

Fred Guilhaus, a former finance & economics lecturer with extensive business experience, will briefly touch upon how the stock markets work, economic fundamentals, the role of banks in printing money, the debt mountain and much more! There will also be an on-line demonstration of Commsec's share portfolio management program.

BOOK DISCUSSION Hahndorf

Michael Ondaatje's new novel Warlight is set in the decade after WWII and is told through the lives of a small group of unexpected characters and two teenagers whose lives are indelibly shaped by their unwitting involvement in the war. Beg, borrow or buy your copy, read and bring along to join this informal group for a lively discussion

SHEEHAN'S MOTOR MUSEUM, Mt Barker

Be prepared to be amazed! Michael Sheehan will show off his eclectic collection of vehicles, machinery, cinema and camera related paraphernalia. He is an enthusiastic historian with extensive knowledge of Adelaide Hills past. Meet at the Motor Museum, 36 Wellington Rd, Mt Barker.

FAMILY HISTORY Hahndorf

A session with some of the experts in our Family History group who will share their knowledge on all things genealogical.

GAMES OF STRATEGY Hahndorf

You may be a dab hand at Mah Jong, but are you a closet social bridge player, or even an ace Backgammon player - or a super sleuth Sudoku fanatic?

We didn't want to give the impression that Mah Jong is our only U3A brain game, so we are offering a selection of strategic games (with our wonderful Campbelltown U3A neighbours as facilitators) that most of us don't often get a chance to play.

COME FOR THREE DAYS—STAY FOR A WEEK!

The Hills is where you can experience the best of South Australia: breathtaking landscape, quality food and wine, rich culture and abundance of wildlife.

The wonderful staff at the Hahndorf Visitor Information Centre will be on hand at the Reception Desk on the morning of Tuesday 22nd October with smiles and information, but in the meantime, check out www.u3aadelaidehills.com/rendezvous for some great ideas.

THURSDAY AFTERNOON PROGRAM 2:00pm—4:00pm

CIRCLE DANCING with LYN, Hahndorf

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AHMRC CLUBROOMS & WORKSHOP, Mt Barker

The A.H. Motor Restorers Club's collection (of rusting metal!) is a snapshot of Adelaide Hills rural living now preserved for posterity. Meet at clubrooms cnr Druids Ave and Cameron St for afternoon tea and introduction to club's activities before a tour of the latest restoration projects. Participants must wear appropriate enclosed footwear and only enter permitted areas.

APPRECIATING POETRY, Hahndorf

Do you find poetry a bit of a mystery or do you love it? Either way, come to a poetry session where we make it easy and enjoyable to follow and understand. We do this by reading a couple of poems and discussing the poets' styles, their techniques and the time and place

MEDICATION SAFETY, Hahndorf

Renly Lim is a pharmacist and research fellow at the University of South Australia.

Renly will look at how medicines use has changed over time, look at the trends, discuss the medications safety challenges we face, and the ReMInDAR trial which is a pharmacist-led service in aged care facilities.

Earlier this year Renly gave this talk to U3A-AH which was so well-received we requested a repeat for the Rendezvous.

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There will also be an on-line demonstration of Commsec's share portfolio management program.

COME TRY PETANQUE, Stirling

Pétanque (pronounced pe'tonk) is a form of boules where the goal is to toss or roll small hollow steel balls as close as possible to a smaller wooden ball called a cochennet.

No prior experience needed. Join us for an enjoyable afternoon of camaraderie, laughs and maybe even a personal challenge or two!

Tuition, equipment and afternoon tea included.

\$10:00 pp to be paid upon enrolment.



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