



Advice for Starting a U3A in South Australia

Starting and running a U3A in South Australia is rewarding experience both personally and for your community.

Begin by contacting U3A South Australia, they can supply information, advice and ongoing support. You will also find useful tips about starting a U3A in our fact sheet and seeding money may be available to cover initial expenses.

Learn about U3A. Familiarise yourself with the material available on this website so you can give a brief but accurate answer when people ask you about U3A.

Tell people what's in it for them. Rather than starting with the history of U3A, tell them how they will benefit – low cost leisure education, the opportunity to meet people with shared interests, warding off dementia and making the most of retirement years.

Gather a small circle of helpers to see you through to the first big milestone, a public meeting to formally launch the project. Publicise the project and the meeting to ensure its success. Look for people who have the right skills to be future committee members or group leaders.

Invite someone from U3A South Australia executive and any neighbouring U3A to the public meeting to assist with explanations but be aware that every U3A is different and a product of its members requirements.

Inform everyone at the public meeting of your intention to start a U3A, ask for volunteers to form a steering committee to achieve that goal, and acquire as many names as possible of those who would like to become members and may even help by becoming group leaders within their area of expertise or interest.

For more information contact:

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